



STATE OF HAWAII
OFFICE OF WELLNESS AND RESILIENCE
OFFICE OF THE GOVERNOR
415 S. BERETANIA ST. #415
HONOLULU, HAWAII 96813

Scope of Services
Wellness app pilot project

The Hawai'i State Governor's Office of Wellness and Resilience is seeking implementation consultation and evaluation services for a wellness app to support workers delivering services in response to the August 2023 Maui wildfires. The wellness app is a daily ecological momentary assessment to measure employee wellbeing and burnout. This app will be used with Maui-based behavioral health and support workers, especially those who serve youth with social, emotional, and behavioral disturbance.

The requested services include, but are not limited to:

- Implementation consultation
 - Regular involvement in pilot and training with app developers
 - Determining process for using data in supervision
 - Developing implementation timeline and engagement strategies
- Implementation evaluation
 - Determine current baseline supervision practices that relate to employee vicarious trauma and secondary stress
 - Examine utilization and provide recommendations for implementation adjustments
 - Monitor use over time to improve process and inform policies
 - Provide a summary evaluation of the pilot project at the end of the project period

Qualifications of applicants should include:

- Experience with
 - Implementation research and practice
 - Mixed methods
- Youth mental health and supervision experience (Hawai'i state license to practice mental health preferred)
- Access to consultants in applied implementation, ecological momentary assessment, and disaster response